

CF Dance Academy 2010 Curriculum & Suggested Classes

BABY BALLET & BALLET TAP COMBINATION CLASSES

CLASS	DESCRIPTION	AGE	SUGGESTED/REQUIRED
Parent & Me Dance	Creative Dance & Basic Ballet	Ages 2-4	1 class per week
Creative Ballet A & B	Creative Dance & Basic Ballet	Ages 2.5-3	1-2 classes per week
Pre Primary Ballet & Tap A,B,C	Intro to Ballet & Tap	Ages 3-4	1-2 classes per week
Ballet & Tap 1	Intro to Ballet & Tap	Ages 3-4	1-2 classes per week
Ballet & Tap 2	Beginning Ballet & Tap	Ages 5-6	1-3 classes per week
Ballet & Tap 3	Advanced Beginning Ballet & Tap	Ages 7-12	1-3 classes per week
Musical Theatre 1	Beginning Singing, Dancing & Acting	Ages 3-5	1 class per week

CLASSICAL BALLET & POINTE

ET = Exam Track CT = Career Track

CLASS	DESCRIPTION	AGE	SUGGESTED/REQUIRED
Primary Exam & Performance	Primary Ballet Examination & Choreography	Ages 4&up	1-2 classes per week ET
Level 1A Exam & Performance	Standard 1 Ballet Examination & Choreography	Ages 5&up	1-2 classes per week ET
Level 1B Exam & Performance	Grade 1 Ballet Examination & Choreography	Ages 6&up	1-2 classes per week ET
Level 2 Exam & Performance	Grade 2 Ballet Examination & Choreography	Ages 7&up	1-2 classes per week ET
Level 3 Exam & Performance	Grade 3 Ballet Examination & Choreography	Ages 8&up	2-3 classes per week ET
Level 5 Exam	Grade 5 Ballet Examination	Ages 9&up	3-4 classes per week ET
Level 6 Exam	Grade 6 Ballet Examination	Ages 11&up	3-4 classes per week ET
Level 7 Exam	Grade 7 Ballet Examination	Ages 12&up	4-6 classes per week ET,CT
Level 8 Exam	Grade 8 Ballet Examination/Intermediate	Ages 12&up	4-6 classes per week ET,CT
Level 9 Exam	Grade 9 Ballet Examination/Advanced	Ages 14&up	4-6 classes per week ET,CT
Ballet Variations	Excerpts from Classical Ballets En Pointe or Soft	Ages 11&up	4-6 classes per week ET,CT
Pre Pointe & Pointe 1	Thera-Band, Core Strength & Pointe	Ages 10&up	4-6 classes per week CT
Pointe 2	Pointe Barre & Center Work	Ages 12&up	4-6 classes per week ET,CT
Teen & Adult Ballet 1	Beginner Ballet Technique, Entry Level	Ages 12&up	1-2 classes per week
Teen & Adult Ballet 2	Intermediate Ballet Technique	Ages 12&up	1-2 classes per week CT
JR, JV & SR Ballet Troupe	Audition Only	Ages 10&up	Must Take 2 Tech Classes

HIP HOP & BREAKDANCING

CT = Career Track ATP = Ability/Teacher Permission

CLASS	DESCRIPTION	AGE	SUGGESTED/REQUIRED
Tiny Tot Hip Hop	Basic Hip Hop Technique & Choreography	Ages 3-5	1-2 classes per week
Level 1 Hip Hop	Beginning Hip Hop Technique & Choreography	Ages 5-8	1-2 classes per week
Level 2 Hip Hop	Advanced Beginner Hip Hop Tech & Choreo	Ages 7&up	1-2 classes per week
Level 3 Hip Hop	Beginner/Intermediate Hip Hop Tech & Choreo	Ages 8&up	1-2 classes per week
Level 4 Hip Hop	Intermediate Hip Hop Tech & Choreography	Ages 10&up	2-3 classes per week CT
Level 5 Hip Hop	Advanced Hip Hop Tech & Choreography	Invite Only	3-4 classes per week CT
Mini, JR, JV & Senior	Audition Only / Ballet Required JR, JV & SR	Ages 4-18	See Director CT
Teen & Adult Hip Hop	Beginner/Intermediate Hip Hop Tech & Choreo	Ages 12&up	1-2 classes per week
Open Hip Hop	Intermediate/Advanced Tech & Choreo	Ages 10&up	2-3 classes per week CT
Level 1 Breakdancing	Beginning Technique & Choreography	Ages 6&up	1-2 classes per week
Level 2 Breakdancing	Intermediate Technique & Choreography	Ages 6&up	1-2 classes per week ATP

TAP, JAZZ, LYRICAL/CONTEMPORARY

CT = Career Track ATP = Ability/Teacher Permission

CLASS	DESCRIPTION	AGE	SUGGESTED/REQUIRED
Level 1 Tap	Beginning Tap Technique & Choreography	Ages 6&up	1-2 classes per week
Level 2 Tap	Intermediate Tap Technique & Choreography	Ages 9&up	1-2 classes per week
Level 3 Tap	Advanced Tap Technique & Choreography	Ages 12&up	1-2 classes per week CT
Level 2 Jazz	Beginning Jazz Technique & Choreography	Ages 7&up	1-2 classes per week
Level 3 Jazz	Advanced Beginner Technique & Choreography	Ages 9&up	1-2 classes per week & ballet
Level 4 Jazz	Intermediate Technique & Choreography	Ages 12&up	1-2 classes per week & ballet CT,ATP
Level 5 Jazz	Advanced Technique & Choreography	Ages 14&up	1-2 classes per week & ballet CT,ATP
Level 3 Lyrical/Contemporary	Beginner/Intermediate Technique & Choreography	Ages 9&up	1-2 classes per week & ballet CT,ATP
Level 4 Lyrical/Contemporary	Intermediate/Advanced Technique & Choreography	Ages 13&up	1-2 classes per week & ballet CT,ATP
Teen & Adult Lyrical/Contemporary	Beginning/Intermediate Technique & Choreography	Ages 12&up	1-2 classes per week & ballet CT,ATP
Leaps & Turns	Intermediate Leaps & Turns Technique	Ages 10&up	1 class per week & ballet CT,ATP

Private and Semi-Private lessons are available for Ballet, Hip Hop, Tap, Jazz & Lyrical/Contemporary. Please inquire at the front desk. Students taking at least 1 hour of privates per month from January-June will have a solo in the Spring Showcase.